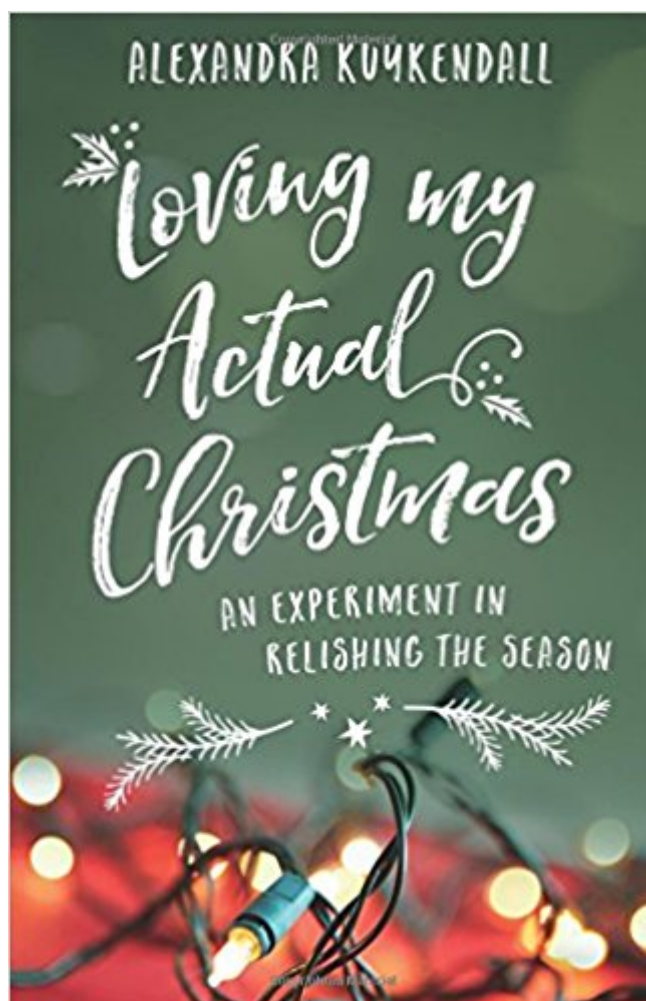


The book was found

Loving My Actual Christmas: An Experiment In Relishing The Season



Synopsis

The Christmas season is a particularly difficult time for women to slow down and relish what's right in front of them. An annual marker for many, it is a holiday that can often remind us how life is not going as we'd planned. Our family relationships remain strained, our finances stretched, and our schedules stuffed with too much to do in too little time. Following the formula of her successful *Loving My Actual Life*, Alexandra Kuykendall shares with readers her own personal experiment to be completely present in her life as it is during the holiday season. Addressing the themes of Advent and Christmas, she reflects on hope, love, joy, peace, and relishing the season, with practical pullouts on common Christmas stressors, such as finances, schedules, and extended family. Kuykendall's signature candor helps women go easy on themselves, remember what truly matters, and find joy in their imperfect Christmases.

Book Information

Paperback: 144 pages

Publisher: Baker Books (September 5, 2017)

Language: English

ISBN-10: 080107536X

ISBN-13: 978-0801075360

Product Dimensions: 5.5 x 0.3 x 8.5 inches

Shipping Weight: 8.5 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #28,255 in Books (See Top 100 in Books) #2 in [Books > Christian Books & Bibles > Christian Living > Holidays > Christmas](#) #173 in [Books > Christian Books & Bibles > Christian Living > Self Help](#) #255 in [Books > Christian Books & Bibles > Christian Living > Personal Growth](#)

Customer Reviews

"This is the book you need in order to fall in love with the season again."--Jennifer Dukes Lee, author of *The Happiness Dare* Do you long for a time when you can actually slow down and enjoy the Christmas season for what you feel it should be--a delightful, meaningful time with friends and family--rather than what it is--a tornado of commitments and bills that leave you overwhelmed and exhausted? The Christmas season is a particularly difficult time for many of us. It is a holiday that can remind us how life is not going as we'd planned. Our family relationships remain strained, our finances stretched, and our schedules stuffed with too much to do in too little time. Following the

formula of her popular *Loving My Actual Life*, Alexandra Kuykendall shares her own personal experiment to be completely present in her life as it is during the holiday season. Reflecting on hope, love, joy, peace, and relishing the season, she shares practical advice on common Christmas stressors such as finances, schedules, and extended family. With her signature candor, Kuykendall encourages you to go easy on yourself, remember what truly matters, and find joy in your own imperfect Christmas. "Alex Kuykendall has crafted a rescue manual that will enable you to save your sanity as you savor the Savior, focusing on the true essence of the season."--Karen

Ehman, *Proverbs 31 Ministries* speaker; *New York Times* bestselling author of *Keep It Shut* and *Listen, Love, Repeat* "I highly recommend this book. In fact, it's going to be one of the first gifts I'll be buying and sharing this holiday season!"--Tricia Goyer, *USA Today* bestselling author of over sixty books, including *Where Treetops Glisten* Alexandra Kuykendall is the author of *Loving My Actual Life* and *The Artist's Daughter* and is the cohost of *The Open Door Sisterhood* podcast. A popular writer and speaker, Alexandra has been featured on *Good Morning America* and *Focus on the Family's* daily broadcast. She lives in Denver, Colorado, with her husband, Derek, and their four daughters.

Alexandra Kuykendall is the author of *Loving My Actual Life* and *The Artist's Daughter*, and the cohost *The Open Door Sisterhood Podcast*. A popular writer and speaker for moms around the country, she is a regular contributor to *MOPS International's* blog, conference, and curriculum. Alexandra has been featured on *Good Morning America* and *Focus on the Family's* daily broadcast. She lives in Denver, Colorado, with her husband, Derek, and their four daughters.

[Download to continue reading...](#)

Loving My Actual Christmas: An Experiment in Relishing the Season Christmas Gifts for Kids: Colouring Book Merry Christmas; Colouring Books Christmas in all Departments; Christmas Colouring Books for Kids in Books; ... and Games; Christmas Stockings in all Dep Christmas- The Story of Christmas Reusable Static Sticker-Children s Bible-Christmas Carol-Christmas Gifts-Angels-Baby Jesus-Joseph-Mary-Manger-Bright ... 2nd Edition Soft Cover (Static Sticker Bible) Christmas Dreams: The Christmas Wreath/Evergreen/Searching for the Star/Christmas Baby (Inspirational Christmas Romance Collection) The Light of Christmas: Reflections on the Season of Advent and Christmas Simple Christmas Designs: Easy designs to color for the Christmas season adult coloring book (Creative and Unique Coloring Books for Adults) (Volume 5) Christmas 101: Celebrate the Holiday Season from Christmas to New Year's (Holidays 101) Loving Someone with Anxiety: Understanding and Helping Your Partner (The New Harbinger Loving Someone Series)

Loving Someone with Bipolar Disorder: Understanding and Helping Your Partner (The New Harbinger Loving Someone Series) The Jesus Creed for Students: Loving God, Loving Others Loving Someone with PTSD: A Practical Guide to Understanding and Connecting with Your Partner after Trauma (The New Harbinger Loving Someone Series) The Jesus Creed: Loving God, Loving Others Jesus Creed: Loving God, Loving Others Adult Coloring Book: Christmas Wish: The Perfect Christmas Coloring Book Gift of Love, Blessings, Relaxation and Stress Relief –œ Christmas Coloring Book Pages Christmas Carols for Trombone and Easy Piano: 20 Traditional Christmas Carols arranged for Trombone with easy Piano accompaniment. Play with first 20 ... Terrific Trombone Book of Christmas Carols. Jesus Birth! A Christmas Story Book For Kids About The First Christmas In Bethlehem (Childrens Christmas Books 1) Amish Romance: Amish Christmas Wish Collection: Amish Christmas Wish, The Christmas Prayer, Amish Sugar Creme Pie Christmas Coloring Book for Adults: Christmas Trees, Winter Scenes and Christmas Holiday Coloring Book Christmas Days: From Fake Snow to Santalands, The Things That Make Christmas Christmas 51 Christmas Drop Cookie Recipes –œ Traditional Drop Cookies, Seasonal and Unique Drop Cookies (The Ultimate Christmas Recipes and Recipes For Christmas Collection Book 6)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)